



2nd European Boxing Ringside Doctor Course

Location:	Zagreb, Croatia
Course Date:	12- 13 September 2026
Arrival date:	11. September 2026
Organized by:	European Boxing
Host:	Hrvatski Boksacki Savez - Croatian Boxing Federation
Hotel:	Hotel Diplomat https://residence-grupa.hr
Speakers:	<i>Dr. David McDonagh</i> Chair European Boxing Medical Commission Chair Norwegian Boxing Federation Medical Commission <i>Dr. Maksym Maslyanyy</i> Member European Boxing Medical Commission Chair Ukraine Boxing Federation Medical Commission
Coordinator:	Prof. Therese Bjørnaas, Norwegian Boxing Federation
Language:	English
Registration:	31 st July is the final date for registering. No registrations will be accepted after this date.

This is a course is for medical doctors, both experienced and newcomers, wishing to learn more about the role of the Ringside Doctor in boxing.

The course is open to national federations that are affiliated members of European Boxing.

Registration: Prof. Therese Bjørnaas at tmib@dmmh.no will register participants. She has a list of prices etc.

Expenses: Participants are responsible for their own transportation and hotel accommodation costs.

Number of participants: We have set a limit of 20 participants as there will be a practical session with instructors.

Attached program:

2nd EB Ringside Doctor Course

Saturday 12 September

0900 - 0930	Participant presentation/existing medical rules and guidelines/ best practices/ annual examinations, pre- and post-bout examinations, <i>McDonagh</i>
0930 - 1000	Antidoping - <i>McDonagh</i>
1000 - 1015	<i>Break</i>
1030 - 1115	Management of Cuts, Nosebleeds, <i>McDonagh</i>
1115 - 1125	<i>Break</i>
1125 - 1200	Management of eye, ear and other facial injuries, <i>McDonagh</i>
1200 - 1300	<i>Lunch Break</i>
1300 - 1430	Down Boxer Practical - Ring entry, injury management, <i>McDonagh/Maslyanyy</i>
1500 - 1515	<i>Break</i>
1515 - 1600	Concussion – recognition and modern Best Practice Principles, <i>Maslyanyy</i>
1600 - 1615	<i>Break</i>
1615 - 1700	SCAT 6 and practical session, <i>Maslyanyy</i>
1700 - 1715	Discussion
19.00	Conference Dinner at the hotel restaurant.

Sunday 13 September

0900 - 0930	Fractures, dislocations, soft tissue injuries in Boxing, <i>McDonagh</i>
0930 - 1000	Injury Prevention, Nutrition, Hydration, Hygiene practices, <i>Maslyanyy</i>
1000 – 1015	<i>Break</i>
1030 - 1100	Other Medical emergencies, incl. cardiac, respiratory, allergic, etc., <i>McDonagh</i>
1100 - 1200	Return to Boxing, restriction periods, boxer’s competition book, equipment at an event, the Doctors bag, <i>McDonagh/Maslyanyy</i>
1200 - 1300	<i>Lunch Break</i>
1300 - 1330	Rules and regulations, relationships with other officials, final discussion, <i>Maslyanyy</i>
1345 - 1430	Written exam
1430 - 1445	<i>Break</i>
1445 - 1600	Practical Exam
1615 - 1630	Summary, <i>McDonagh</i>
1630	<i>End of Course</i> with awarding of certificate.